## **Strangles**

## May 2023

Newsletter



**The Stigma:** Unfortunately there is a stigma about admitting the presence of Strangles on a yard, which, often slows diagnosis.

Strangles is not a notifiable disease but, yards with confirmed outbreaks, are strongly advised to implement strict biosecurity precautions to prevent further spread, and to notify neighbouring premises.

Being open and honest about an outbreak will help to reduce the spread of disease.

**Strangles:** Strangles is one of the most common equine contagious diseases diagnosed worldwide. It is endemic in the UK due to the number of horses that are silent 'carriers' of the disease.

These carriers show no outward signs of infection but are still able to spread the disease. These carrier horses can be difficult to identify. It is caused by the bacterium Streptococcus equi which can sit in the guttural pouches of a horse for years.

The only way to confirm if a horse is a carrier is to examine and lavage these pouches.

#SAW2023



## Strangles Awareness Week 1st—7th May 2023

More information and advice can be found at the following links:

http://www.redwings.org.uk/strangles/ strangles-awareness-week

https://www.bhs.org.uk/advice-andinformation/horse-health-and-sickness/ strangles

Summerleaze Equine—Taking Your Horse's Temperature



Reducing The Risk: <u>Whilst at home:</u> • Vaccinate for influenza. Those travelling internationally or competing extensively may also benefit from being vaccinated for equine herpes.

Isolate new horses. Ideally a month of isolation away from the rest of the yard
Test. New horses should be tested for strangles before entering a yard, ideally with a guttural pouch lavage, but a blood test can also be used with its results interpreted carefully.

- Use individual equipment for each horse.
- Routinely disinfected equipment on a regular basis.

Take horses' temperatures and isolate any horse that has a temperature of over 38.5C, or that is coughing for an unknown reason and call us

Away from home:

- Use your own buckets, water, feed and grooming kit. If sharing, disinfect between each use.
- Prevent nose to nose contact with other horses.
- Wash hands between handling different horses.
- After an event, all equipment, tack footwear and clothing is washed and disinfected.

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**Thank You:** Thank you to those who attended The Strangles Talk, run with BHS Dorset at Downclose Stables, with Antonia Milner...the technical issues did add to the evening!

**THANK YOU!** A big **THANK YOU** to all who attended our recent evening on Equine Behaviour, held at World Horse Welfare Glenda Spooner Farm. We're not too sure who enjoyed themselves most; our team presenting or, those who attended! Either way, we were thrilled at the level of interest this received and hope all who attended gained something from the evening.

Please feel free to contact us with any questions you may have, or, if you would like to discuss clicker training further with one of our nurses. Due to the response we received, another event is being considered for later in the year, so please keep an eye on social media.



**Spring Has Sprung:** If you haven't already signed up, Spring may be the time to consider our veterinary lead worming package.

Research shows that up to 90% of worm treatments maybe unnecessary and that over-worming is contributing to the rise of wormer resistance.

Our package includes

- Winter worm treatment to cover encysted small redworm larvae and tapeworm.
- \* 4 Worm Egg Counts (WEC) per year with bags provided and text message reminders sent.
- EquiSal saliva test for tapeworm
- Unlimited use of weigh scale to ensure correct dosing of wormers and other medication.
- Interpretation and bespoke worm analysis from an experienced Equine Vet Team.

More information can be found on our website, or, follow the below link

https://www.summerleaze-vets.co.uk/documents/ worming.pdf







**Paperless Preferences:** If you would like to receive your invoices via email, please do let us know so that we may update your account preferences.

Please keep us informed of any changes with contact details/preferences and, most importantly, the location of where your equine friends reside.



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